Subject: Treatment Guidelines – ALS Personnel

**Pediatric Hypotension** 

## **Associated Policies:**

## I. Priorities

- A. ABC's.
- B. Airway/ventilation: 90% of pediatric arrests are respiratory in origin.
- C. Warmth: hypothermia increases complications.
- D. Identify the dysrhythmia.
- E. Rapid fluid/medication routes: IV may be difficult, if initial attempt fails, alternate routes include \*\*IO/endotracheal intubation.
- F. Transport early Code 3.

## II. Pediatric Hypotension

Skills and procedures denoted by double asterisks (\*\*) paramedic level only.

- A. Severe Cardiorespiratory Compromise/Shock/Respiratory Failure:
  - 1. Primary survey with basic life support and airway adjuncts.
  - 2. Determine cardiac rhythm in more than one (1) lead.
  - 3. Endotracheal intubation and ventilate with 100% oxygen.
  - 4. IV or \*\*Intraosseous access (IO).
  - 5. Contact base hospital.
  - 6. If heart rate has decreased and patient is hemodynamically compromised:
    - a. Perform chest compressions despite oxygenation and ventilation if:
      - 1) Heart rate < 80/minute in an infant.
      - 2) Heart rate < 60/minute in a child.
    - b. Epinephrine IV/\*\*IO 0.01mg/kg of 1:10,000 or ET 0.1mg/kg of 1:1000, diluted to 3-5 mls total, repeat every 3-5 minutes at the same dose.
    - c. Atropine 0.02mg/kg IV/\*\*IO/ET may be repeated once in 3-5 minutes.
      - 1) Minimum dose: 0.1 mg.
      - 2) Maximum single dose: 0.5 mg for child, 1mg for adolescent.
    - d. Use asystole protocol, as needed.

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Approved as to Form:

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