## **NORTH COAST EMERGENCY MEDICAL SERVICES** POLICIES AND PROCEDURES

## Subject:Treatment Guidelines – BLSPatient Administration of Medications

Associated Policies:

- I. Policy
  - A. BLS personnel are authorized to administer Oxygen, Aspirin and Oral Glucose according to regional protocol.
  - B. A patient, who has physician prescribed medication may self-administer his/her own medications such as nitroglycerin, epinephrine, glucagon, etc.
- II. Self-Administration of Medications
  - A. In the presence of Chest Pain patient make take their prescribed Nitroglycerin (NTG)/Sublingual Tablet or Spray: Caution: NTG may have a hypotensive effect. Take BP before and after patient administers own prescribed NTG. If BP is less than 100 systolic, discourage patient use unless physician gives direct verbal orders to the patient knowing the BP is less than 100 systolic.
  - B. When patient has a history of Anaphylaxis the patient may take
    Epinephrine usually in the form of an EpiPen:
    Allow patient to administer dose prescribed by physician.
  - C. When patient has a history of Diabetes the family may have been instructed in using Glucagon for Hypoglycemia. Allow family to administer Glucagon.

Approved: Retains	
Approved as to Form: Carte de	
Rev: 7/14	-